

Michigan Dental Association

**Minutes of the Committee on Peer Review/Health and Well-Being
Held MDA Board Room**

March 24, 2022

Present-

Dr. David Jacobs, vice chair-via Zoom
Dr. Samuel Daniels, member-via Zoom
Dr. Lisa Knowles, member-via Zoom
Dr. Robert Payne, member-via Zoom
Dr. Pamela Harnick, consultant-via Zoom
Dr. Vince Benivegna, Board Liaison-via Zoom

Absent-

Dr. Joan Lewis, chair
Dr. Scott Stinnet, member
Dr. Lawrence Walker, member
Ms. Lee Young, RN, consultant
Mr. Ben Kruman, UDM student consultant
Ms. Sarah Bouwkamp, UM student consultant

Guests Present

Dr. Nida Alshaikh- via Zoom

Staff Present

Ginger Fernandez, RDH, manager, professional review & practice management manager
Christine Wilson, RDA, professional review & practice management specialist

Call to Order and Welcome

Dr. Lewis called the meeting to order at 9:13 a.m. A quorum was present.

Open Session

Dr. Nida Alshaikh addressed the Committee

Dr. Alshaikh joined the committee via Zoom to thank them for their service and support for dentists and staff. She was having a difficult time with business and personal issues and contacted the MDA for help. Dr. Alshaikh worked with one of the Health and Well-Being committee members who had experienced the same challenges. The committee member helped Dr. Alshaikh find resources and also met with her in person to help her with practice management difficulties she was facing. The committee was very interested in her story and discussed the possibility of Dr. Alshaikh writing an article for the Journal about her experience.

Discussion Regarding Education Video

The committee viewed an educational video recommended by Dr. Knowles called “Suicide Prevention for Providers”. The committee had a good discussion on this subject and learned from Dr. Harnick that you now use the term “Completing Suicide” instead of “Committing Suicide”. The committee will have educational videos at all of their meetings. Dr. Knowles will be the chair of the educational subcommittee and research videos for the committee to view.

Discussion Regarding Having a Booth at Annual Session

The committee discussed having a booth at Annual Session. Staff requested that members of the committee participate in the booth on Thursday and Friday. Drs. Jacobs, Daniels, Lewis, and

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46 Knowles volunteered to participate. Staff will look into fun things for attendees to do, such as
47 coloring books and pencils with a sign stating “Come Relax And Color With Us”. They will also
48 have handouts. The committee requested the Health and Well-Being budget for next year be
49 increased to \$5000.

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51 *Member Assistance Program Year-end Report*

52 The committee discussed that the program is not being utilized much. Staff informed the committee
53 they are discussing with the company to update the contract to “only pay what is used”. The current
54 contract ends June 30th. Staff will give an update at its June meeting.

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56 *Discussion Regarding Indiana Dental Association Health and Well-Being Articles*

57 The committee discussed the articles and requested staff speak with the CE Department regarding
58 having one of the authors speak at next year’s annual session. Dr. Kessler could possibly be a
59 keynote speaker at an alcohol-free event. Staff will speak with Dave Foe regarding reprinting the
60 articles in the MDA Journal. The committee decided to table this issue until its June meeting.

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62 *Discussion Regarding ADA 2021 Dentist Well-Being Survey Report*

63 The committee reviewed the ADA Well-Being Report and felt that putting some of the charts in the MDA
64 Journal be beneficial to our members.

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66 Adjournment

67 There being no further business, the committee adjourned at 11:54 am.

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69 ckw

70 r:\hwb\reports\minutes\2022\March